

Founder



Photo: Daniele Massie

Lisa Detwiler is an Occupational Therapist and Gestalt Therapist with 10 years experience leading workshops and groups. Lisa is an Apprentice on the Sweet Medicine SunDance Path. Lisa's vision is to empower people to deepen their connection to self, nature and inner stillness. She brings a range of skills and interests into her psychotherapy practice, which includes shamanism, nature observation and karate. Lisa's passion for the outdoors has led her on many adventures including reaching the summit of Mt. Kilimanjaro, Africa and trekking the Annapurna circuit in Nepal.

"If you know wilderness like you know **love**, you would be unwilling to let it go. We are talking about the body of the beloved, not real estate.
Terry Tempest Williams

10% of profits will go to support the World Wildlife Foundation



www.stillscapejourneys.com
StillScape Journeys

phone: (416) 769 – 0380
Email: Lisa@StillScapeJourneys.com



Eco- Love Bug



NEW!

A powerful and heart warming weekend retreat for people addicted to nature.

Let Go. Be the Flow.

Trade in a weekend of your city routine for two days of heart warming experiences in nature. Recreate the wonder you felt as a child! Come and play outdoors for a weekend and rejuvenate your body, mind and soul.

Eco-Love Bug: is a *playful and powerful* weekend retreat for adults who are addicted to nature.

Come and explore new ways of being with nature. Dare to be adventurous, playful, engage your humour and your heart.

Participants will be guided through a series of powerful and playful activities including: Creative expression through writing, sensory awareness experiences outdoors, visualizations to open your heart, drumming and use of a talking stick to deepen your communication. You will have some free time to enjoy the trails and the amenities of the centre.

Indulge in a weekend at a beautiful retreat centre in Haliburton, Ont.

This workshop will be held at the Gaia Centre in beautiful Haliburton, On. It is 3 hours north of Toronto. **Your workshop includes: Overnight accommodation in a comfortable B&B, 3 vegetarian meals/ day, access to the hiking trails, cosmic labyrinth, fire pit, swimming, outdoor meditation clearings & more.** Carpooling may be arranged.

Renew your love of nature. Recapture the joy of your youth again.



Date – August 29-August 31st

Time- Arrive Friday August 29 for supper and depart on Sunday August 31 at 1:30pm

Location – Gaia Centre, Haliburton, Ontario.

To learn more about the centre please visit www.gaiacentre.org

To register or for more information contact Lisa at:

416-769-0380

50% non-refundable deposit is required to hold your spot.

lisa@stillscapejourneys.com

Cost: \$375 (Save \$40 when you register with deposit by May 19, 2008)

Space is limited. Register early.

In reconnecting to nature later in life we get a glimmer of what we felt when we were children, the joy of wonder at the trees, the sky, the animals
(Walt Fauerso)